

DEAFvibe

Deafness = Equality & Access = Fairness STAFFORDSHIRE

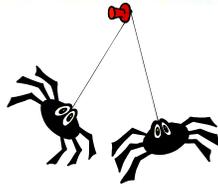
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Issue 12, October 2012

DATES FOR YOUR DIARY

13th October – DEAFvibe Cafe Morning: MP Question Time with Rob Ffello MP and Tina Mendolia from CAB talking about Benefits

Afternoon: Prepare questions for MP Question Time in November.

19thth October – DEAFvibe HUB
10:00am until 3pm. Newcastle Civic Offices

2nd November – DEAFvibe HUB
10:00am until 3pm. Newcastle Civic Offices

10th November – DEAFvibe Café

Morning: Sarah Hughes – Heart Failure Team talking about Common heart problems.

Afternoon: MP Question Time with Rob Ffello

YOUR OPINIONS COUNT

DEAFvibe members who contributed to a consultation on mental health services across North Staffordshire and Stoke on Trent PCT's will be happy to hear that their opinions have been listened to.

After proposals were debated by the Staffordshire Common Board of PCTs, the members were in agreement that in addition to other areas;

"The Common Board of PCTs on behalf of North Staffordshire and Stoke on Trent PCT agree that work should be taken forward around services for hearing and vision impaired adults."

DEAFvibe is here to empower its members and the wider Deaf, Hard of Hearing and Deafblind people to fight for equality and improved wellbeing. It is great to see our members being actively involved in making a difference.



LOTTERY FUNDED

CHANGES TO COUNCIL TAX BENEFIT

Council tax benefit is changing from April 2013. A new scheme called Council Tax Support Scheme will begin in April 2013. This scheme will be managed locally and a set amount will be given to councils, so spending on Council Tax support will affect the local council's budget.

A public consultation is taking place between 21st September and 16th November in relation to this. You can get involved in different ways. Further information can be found on the following website: <http://www.stoke.gov.uk/ccm/content/advice/benefits/welfare-reform/council-tax-support-consultation.en>.

CONGRATULATIONS

Congratulations this month go to Stuart and Susan Tooth who renewed their wedding vows on 29th September. It's good to see the sun was shining down on them. Best wishes for your happiness.

You will all remember Tom Kane who attended our cafe with his hearing dog Nev to talk about Hearing Dogs for the Deaf. He has been nominated as one of the 3 finalists for the Desmond Wilcox award and will be attending the presentation ball. Well done and good luck!

WEBSITE LINKS OF INTEREST – SOUNDBARRIER AWARD FINALISTS

Suzi Rees, winner of the Soundbarrier 2012 Award set up a social enterprise aimed at disabled individuals and adventure professionals to build confidence through adventure programmes such as climbing, skiing and other activities. **To find out more go to www.ididadventure.co.uk.**

Asif Iqbal was also one of the final five. His website www.deafparent.co.uk is a resource for Deaf parents and professionals who are working with Deaf parents. It contains a wealth of factsheets and other resources, as well as events and membership details.

HEART ATTACK SYMPTOMS FOR WOMEN

Heart attacks, heart disease and stroke are the biggest killer of women in the UK. Here are some symptoms to look out for, get help if you experience any of the symptoms below for longer than 5 minutes. If you or someone is suffering a heart attack, dial 999 immediately:

- Heavy pressure on the chest, like there is a heavy weight on the centre or left side of your chest. It might come and go and you may mistake it for indigestion.
- Shortness of breath that comes on suddenly when you have not done anything to get out of breath. If you struggle to take breaths and you have chest discomfort – get help ASAP.
- Nausea and vomiting. More women than men get this symptom.
- Suddenly feeling tired, which sometimes lasts a few days sometimes with weak/tired muscles.
- Dizziness and feeling light headed.
- Sharp pains in back, shoulder, neck or jaw.
- Cold sweats or unexplained heavy sweating.

Make sure you come along to DEAFvibe Café on 10th November to find out more.

Disclaimer: whilst DEAFvibe endeavors to provide accurate and up to date information at all times, no responsibility nor liability will accepted for any information which may subsequently prove to be wrong or misleading.