

DEAFvibe

Deafness = Equality & Access = Fairness STAFFORDSHIRE

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DATES FOR YOUR DIARY

1st March DEAFvibe HUB

Newcastle Civic Centre 10:00 – 15:00

9th March – DEAFvibe Café

Morning:

- CODA (Children of Deaf Adults) UK & Ireland - Talk by Marie Dimond.
- DeFerrers Sign Language Club Choir will be signing a song.
- In2 The Woods Outdoor Activity Centre giving a talk

Afternoon:

British Tinnitus Association - talk on Tinnitus.

15th March DEAFvibe HUB

Newcastle Civic Centre 10:00 – 15:00

22nd March – DEAFvibe Celebration Dinner, Stone Golf Club. Sold Out

6th April – Into the Woods Outdoor Activity Day: Copeland Cottage, Haddon Ln, Maer ST5 5EE- 10:00-15:00 Team walk and activities.

DEAF DAY 2013

Following on from the success of the Deaf Day in May 2012, DEAFvibe is holding a bigger and better event at Britannia Stadium on Friday 10th May 2013.

The day promises a vast array of stalls and information points for all things related to Deafness and hearing loss.

There is also extra space for organizations to give presentations or workshops, stalls for crafts made by Deaf people and Reiki taster treatments.

Stoke City FC have generously offered to give tours of Britannia Stadium for a small fee and a number of businesses have donated fabulous raffle prizes.

Communication needs will be provided for on the day. Let us know if you have any specific communication or access needs that we need to know about.

We look forward to welcoming everyone for an informative and fun day out.



LOTTERY FUNDED

FLOOD ALERTS BY TEXT

For those people who live in a flood risk area, a service has been set up to alert you by text message giving you time to prepare for flooding. This is an invaluable service for deaf and hard of hearing people. To find out more go to www.environment-agency.gov.uk/homeandleisure/floods or call **0845 988 1188** (voice) or **0845 602 6340** (Typetalk).

GET A HEALTH MOT AND HELP RESEARCH INTO DEAF PEOPLES' HEALTH

As part of Sign Health's Deaf Health Project which is being done with Bristol University, deaf people are being offered a health MOT to help research into if deaf peoples' health is better or worse than hearing peoples' health.

You will be asked questions about your medical history (heart health, depression, smoking, drinking) and they will check for cholesterol, diabetes, height and weight. It will take about 1 hour and 15 minutes and an interpreter will be provided.

If you would like to be involved in this research and find out more about your own health while helping future generations of deaf people, contact hilary@hilarysutherland.co.uk or pstemman@signhealth.org.uk

STAFFORDSHIRE BSL INTERPRETERS WEBSITE

Do you ever struggle to find a local interpreter to book? Do you want to guarantee you're booking a professional, qualified interpreter? Would you prefer interpreters who understand local sign language? Go to www.staffordshirebslinterpreters.co.uk and find registered interpreters in your area who you can book directly.

DEMENTIA AND HEARING LOSS

Recent research links hearing loss with reduced cognitive abilities, meaning tasks that we take for granted like thinking and remembering things become more difficult. Most people over 70 will have some form of hearing loss. In some cases, dementia may be diagnosed.

Ali has recently been on a workshop in relation to Dementia and Deafness and has provided some tips on how to communicate with someone who has both dementia and hearing loss:

- Speak slightly more slowly than usual but keep the natural rhythms of your speech.
 - Do not shout or over-exaggerate words as this will distort your speech.
- Do not cover your mouth as the other person will not be able to lipread you. The person should be able to see your face directly. Get on the same level as them so that your face is level with theirs.
- Consider the physical environment – make sure the area is quiet and well lit. Do not stand with your back to a window or other light source.
- Use visual clues – write your message down if the person can read and use objects or pictures to help the person understand. For example when choosing meals, show the person pictures of meals they can choose from or show photographs of family members and friends.

Disclaimer: whilst DEAFvibe endeavors to provide accurate and up to date information at all times, no responsibility nor liability will accepted for any information which may subsequently prove to be wrong or misleading.